

# Lesson 7

## Psalm 32:1–11 (written by David)

<sup>1</sup>Blessed is the person whose lawless acts are forgiven.

Their sins have been taken away.

<sup>2</sup>Blessed is the person whose sin the Lord never counts against them.

That person doesn't want to cheat anyone.

<sup>3</sup>When I kept silent about my sin,  
my body became weak  
because I groaned all day long.

<sup>4</sup>Day and night  
You punished me.

I became weaker and weaker  
as I do in the heat of summer.

<sup>5</sup>Then I admitted my sin to You.  
I didn't cover up the wrong I had done.

I said, "I will admit my lawless acts to the Lord."  
And You forgave the guilt of my sin.

<sup>6</sup>Let everyone who is faithful pray to You  
while they can still look to You.  
When troubles come like a flood,  
they certainly won't reach those who are faithful.

<sup>7</sup>You are my hiding place.  
You will keep me safe from trouble.  
You will surround me with songs sung by those who praise You  
because You save Your people.

<sup>8</sup>I will guide you and teach you the way you should go.  
I will give you good advice and watch over you with love.

<sup>9</sup>Don't be like a horse or a mule.  
They can't understand anything.  
They have to be controlled by bits and bridles.  
If they aren't, they won't come to you.

<sup>10</sup>Sinful people have all kinds of trouble.  
But the Lord's faithful love

is all around those who trust in Him.

<sup>11</sup>Be glad because of what the Lord has done for you.  
Be joyful, you who do what is right!  
Sing, all you whose hearts are honest!

## Questions

- ① Why are you blessed? I am blessed because my \_\_\_\_\_ are \_\_\_\_\_, and the Lord will \_\_\_\_\_ count against me my **S** \_\_\_\_\_. (Ps. 32:1-2)

Ephesians 1:3, 7a

*Give praise to the God and Father of our Lord Jesus Christ. He has blessed us with every spiritual blessing.... We have been set free because of what Christ has done. Because He bled and died our sins have been forgiven.*

- ② Why should you give praise to the God and Father of your Lord Jesus Christ? I should give praise to God because He has \_\_\_\_\_ me with \_\_\_\_\_ spiritual blessing.
- ③ Why have you been set free and your sins forgiven? I have been set free and my sins forgiven because Christ \_\_\_\_\_ and \_\_\_\_\_ for me.
- ④ After you have been forgiven by the Lord, what don't you want to do? After I have been forgiven by the Lord, I don't want to \_\_\_\_\_ anyone. (Ps. 32:2)
- ⑤ What does it feel like to keep silent about your sin? When I keep silent about my sin, my \_\_\_\_\_ becomes \_\_\_\_\_ because I \_\_\_\_\_ all day long. I become \_\_\_\_\_ and \_\_\_\_\_ as if in the \_\_\_\_\_ of summer. (Ps. 32:3-4)
- ⑥ What happens if you admit your sin to the Lord? When I admit my sin to the Lord, He will \_\_\_\_\_ the \_\_\_\_\_ of my sin. (Ps. 32:5)

1 John 1:9

*But God is faithful and fair. If we confess our sins, He will forgive our sins. He will forgive every wrong thing we have done. He will make us pure.*

- ⑦ Will God forgive every wrong thing you have done if you confess your sins to Him? (Yes/No) \_\_\_\_\_ . God is \_\_\_\_\_ and \_\_\_\_\_. He will make me \_\_\_\_\_ .
- ⑧ When troubles come, what are you always to do? When troubles come, I am always to \_\_\_\_\_ to the Lord. (Ps. 32:6)

- 9 If you remain faithful to the Lord, what will happen to you when troubles come like a flood? If I remain faithful to the Lord, when troubles come like a flood, they \_\_\_\_\_ won't \_\_\_\_\_ me. (Ps. 32:6)
- 10 What is the Lord to you when trouble comes? The Lord is my \_\_\_\_\_ . (Ps. 32:7)
- 11 What will the Lord do for you when you run to Him for safety? The Lord will keep me \_\_\_\_\_ and \_\_\_\_\_ me with \_\_\_\_\_ sung by those who praise Him. (Ps. 32:7)
- 12 When you go to the Lord for answers, what will He do? When I go to the Lord for answers, He will \_\_\_\_\_ me, \_\_\_\_\_ me the way I should go, give me \_\_\_\_\_ , and \_\_\_\_\_ over me with \_\_\_\_\_. (Ps. 32:8)

## John 14:25-26

*"I [Jesus] have spoken all these things while I am still with you. But the Father will send the Friend in My Name to help you. The Friend is the Holy Spirit. He will teach you all things. He will remind you of everything I have said to you."*

- 13 What has the Lord given you to guide you and teach you the way you should go? God (the Father) has sent me the \_\_\_\_\_ in Jesus' Name to help me and teach me all things.
- 14 Who is that Friend? That Friend is the \_\_\_\_\_ .
- 15 What are you not to be like? I am not to be like a \_\_\_\_\_ or a \_\_\_\_\_. (Ps. 32:9)
- 16 Why are you not to be like those animals? I'm not to be like those animals because they can't \_\_\_\_\_ anything. They have to be \_\_\_\_\_ by bits and bridles, or else they \_\_\_\_\_ come to you. (Ps. 32:9)
- 17 What do sinful people have? Sinful people have \_\_\_\_\_ kinds of \_\_\_\_\_. (Ps. 32:10)
- 18 What do you have if you trust in the Lord? If I trust in the Lord, I have His \_\_\_\_\_ all \_\_\_\_\_ me. (Ps. 32:10)
- 19 Can you always be glad, even when you are facing trouble? (Yes/No) \_\_\_\_\_. Why? I can always be glad, even when I am facing trouble, because of what the Lord has \_\_\_\_\_ for me. (Ps. 32:11)
- 20 If you do what is right, can you always be joyful? (Yes/No) \_\_\_\_\_. If I do what is right, I can always be \_\_\_\_\_. (Ps. 32:11)
- 21 If your heart is honest, can you always sing? (Yes/No) \_\_\_\_\_. If my heart is honest, I can always \_\_\_\_\_. (Ps. 32:11)

1 Thessalonians 5:16–18

*Always be joyful. Never stop praying. Give thanks no matter what happens. God wants you to thank Him because you believe in Christ Jesus.*

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God’s Word?

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