

Lesson 30

Psalm 119:89–176 (writer unknown)

↳ Lamedh

- ⁸⁹Lord, Your Word lasts forever.
It stands firm in the heavens.
- ⁹⁰You will be faithful for all time to come.
You made the earth, and it continues to exist.
- ⁹¹Your laws continue to this very day,
because all things serve You.
- ⁹²If I had not taken delight in Your Law,
I would have died because of my suffering.
- ⁹³I will never forget Your rules.
You have kept me alive, because I obey them.
- ⁹⁴Save me, because I belong to You.
I've tried to obey Your rules.
- ⁹⁵Sinful people are waiting to destroy me.
But I will spend time thinking about Your covenant laws.
- ⁹⁶I've learned that everything has its limits.
But Your commands are perfect. They are always there when I need them.

↻ Mem

- ⁹⁷Lord, I really love Your Law!
All day long I spend time thinking about it.
- ⁹⁸Your commands make me wiser than my enemies,
because Your commands are always in my heart.
- ⁹⁹I know more than all my teachers do,
because I spend time thinking about Your covenant laws.
- ¹⁰⁰I understand more than the elders do,
because I obey Your rules.
- ¹⁰¹I've kept my feet from every path that sinners take
so that I might obey Your Word.
- ¹⁰²I haven't turned away from Your laws,
because You Yourself have taught me.
- ¹⁰³Your words are very sweet to my taste!
They are sweeter than honey to me.

¹⁰⁴I gain understanding from Your rules.
So I hate every path that sinners take.

י Nun

¹⁰⁵Your Word is like a lamp that shows me the way.
It is like a light that guides me.

¹⁰⁶I have made a promise
to follow Your laws, because they are right.

¹⁰⁷I have suffered very much.
Lord, keep me alive as You have promised.

¹⁰⁸Lord, accept the praise I freely give You.
Teach me Your laws.

¹⁰⁹I keep putting my life in danger.
But I won't forget to obey Your Law.

¹¹⁰Evil people have set a trap for me.
But I haven't wandered away from Your rules.

¹¹¹Your covenant laws are Your gift to me forever.
They fill my heart with joy.

¹¹²I have decided to obey Your orders
to the very end.

ס Samekh

¹¹³I hate people who can't make up their minds.
But I love Your Law.

¹¹⁴You are my place of safety.
You are like a shield that keeps me safe.
I have put my hope in Your Word.

¹¹⁵Get away from me, you who do evil!
Then I can do what my God commands me to do.

¹¹⁶My God, keep me going as You have promised. Then I will live.
Don't let me lose all hope.

¹¹⁷Take good care of me, and I will be saved.
I will always honour Your orders.

¹¹⁸You turn Your back on all those who wander away from Your orders.
Their wrong thoughts will be proved to be wrong.

¹¹⁹You throw away all the sinners on earth as if they were trash.
So I love Your covenant laws.

¹²⁰My body trembles because I have respect for You.
I have great respect for Your laws.

י Ayin

- ¹²¹I have done what is right and fair.
So don't leave me to those who treat me badly.
- ¹²²Make sure that everything goes well with me.
Don't let proud people treat me badly.
- ¹²³My eyes grow tired as I look to You to save me.
Please save me as You have promised.
- ¹²⁴Be good to me, because You love me.
Teach me Your orders.
- ¹²⁵I serve you, so help me to understand what is right.
Then I will understand Your covenant laws.
- ¹²⁶Lord, it's time for You to act.
People are breaking Your Law.
- ¹²⁷I love Your commands more than gold.
I love them more than pure gold.
- ¹²⁸I consider all Your rules to be right.
So I hate every path that sinners take.

פ Pe

- ¹²⁹Your covenant laws are wonderful.
So I obey them.
- ¹³⁰When Your words are made clear, they bring light.
They bring understanding to childish people.
- ¹³¹I open my mouth and pant like a dog,
because I long to know Your commands.
- ¹³²Turn to me and have mercy on me.
That's what You've always done for those who love You.
- ¹³³Teach me how to live as You have promised.
Don't let any sin be my master.
- ¹³⁴Set me free from people who treat me badly.
Then I will obey Your rules.
- ¹³⁵Have mercy on me.
Teach me Your orders.
- ¹³⁶Streams of tears flow from my eyes,
because people don't obey Your Law.

צ Tsadhe

- ¹³⁷Lord, You do what is fair.
And Your laws are right.

- ¹³⁸The laws You have made are fair.
They can be completely trusted.
- ¹³⁹My anger is wearing me out,
because my enemies don't pay any attention to Your words.
- ¹⁴⁰Your promises have proved to be true.
I love them.
- ¹⁴¹I'm not important. People look down on me.
But I don't forget to obey Your rules.
- ¹⁴²You always do what is right.
And Your Law is true.
- ¹⁴³I've had my share of trouble and suffering.
But Your commands give me delight.
- ¹⁴⁴Your covenant laws are always right.
Help me to understand them. Then I will live.

7 Qoph

- ¹⁴⁵Lord, I call out to You with all my heart.
Answer me, and I will obey Your orders.
- ¹⁴⁶I call out to You.
Save me, and I will keep Your covenant laws.
- ¹⁴⁷I get up before the sun rises. I cry out for help.
I've put my hope in Your Word.
- ¹⁴⁸My eyes stay open all night long.
I spend my time thinking about Your promises.
- ¹⁴⁹Listen to me, because You love me.
Lord, keep me alive as You have promised.
- ¹⁵⁰Those who think up evil plans are near.
They have wandered far away from Your Law.
- ¹⁵¹But Lord, You are near.
All Your commands are true.
- ¹⁵²Long ago I learned from Your covenant laws
that You made them to last forever.

7 Resh

- ¹⁵³Look at how I'm suffering!
Save me, because I haven't forgotten to obey Your Law.
- ¹⁵⁴Stand up for me and set me free.
Keep me alive as You have promised.
- ¹⁵⁵Those who are evil are far from being saved.

They don't want to obey Your orders.

¹⁵⁶Lord, You have deep concern for me.

Keep me alive as You have promised.

¹⁵⁷Many enemies attack me.

But I haven't turned away from Your covenant laws.

¹⁵⁸I get very angry when I see people who aren't faithful to You.

They don't obey Your Word.

¹⁵⁹See how I love Your rules!

Lord, keep me alive, because You love me.

¹⁶⁰All Your words are true.

All Your laws are right. They last forever.

ש Sin and Shin

¹⁶¹Rulers attack me for no reason.

But I tremble because of Your Word.

¹⁶²I'm filled with joy because of Your promise.

It's like finding a great fortune.

¹⁶³I hate lies with a deep hatred.

But I love Your Law.

¹⁶⁴Seven times a day I praise You

for Your laws, because they are right.

¹⁶⁵Those who love Your Law enjoy great peace.

Nothing can make them trip and fall.

¹⁶⁶Lord, I wait for You to save me.

I follow Your commands.

¹⁶⁷I obey Your covenant laws,

because I love them greatly.

¹⁶⁸I obey Your rules and Your covenant laws,

because You know all about how I live.

ת Taw

¹⁶⁹Lord, may You hear my cry.

Give me understanding, just as You said You would.

¹⁷⁰May You hear my prayer.

Save me, just as You promised.

¹⁷¹May my lips pour out praise to You,

because You teach me Your orders.

¹⁷²May my tongue sing about Your Word,

because all Your commands are right.

- ¹⁷³May Your hand be ready to help me,
because I have chosen to obey Your rules.
- ¹⁷⁴Lord, I long for You to save me.
Your Law gives me delight.
- ¹⁷⁵Let me live so that I can praise You.
May Your laws keep me going.
- ¹⁷⁶Like a lost sheep, I've gone down the wrong path.
Come and look for me,
because I haven't forgotten to obey Your commands.

Questions

- 1 How long will God's Word last? God's Word lasts _____. It stands _____ in the heavens. (Ps. 119:89)
- 2 How long will the Lord be faithful? The Lord will be faithful for _____ time to _____. (Ps. 119:90)
- 3 What serves the Lord? _____ serve the Lord. He is completely in control of all things. (Ps. 119:91)
- 4 Is God's Word perfect even for today? (Yes/No) _____. God's Word is _____ and continues to this _____ day. (Ps. 119:91, 96)
- 5 If you really love the Lord, what else should you love? If I really love the Lord, I should also really love His **W** _____, and _____ day _____ I should spend time _____ about it. (Ps. 119:97)
- 6 What should you keep your feet away from? Why? I should keep my feet away from _____ that _____ take so that I can _____ God's Word. (Ps. 119:101)
- 7 What should God's Word be like to you? God's Word should be _____ to my taste, sweeter than _____ to me. (Ps. 119:103)
- 8 What will you gain from studying God's Word? I will gain _____ from studying God's Word. (Ps. 119:104)
- 9 What should you hate after studying God's Word? I should hate _____ path that _____ take. (Ps. 119:104)
- 10 What is God's Word like to you? God's Word is like a _____ that _____ me the _____. It is like a _____ that _____ me. (Ps. 119:105)

- 11 What is the Lord like to you? The Lord is my _____ of _____. He is like a _____ that keeps me _____. (Ps. 119:114)
- 12 What should you tell people who do evil? I should tell people who do evil to get _____ from me. Then I can _____ what my God _____ me to do. (Ps. 119:115)
- 13 What should you love more than pure gold? I should love the Lord's teachings (His Word) _____ than pure _____. (Ps. 119:127)
- 14 What does God's Word do for you? God's Word, when made clear by the Holy Spirit, brings _____ and _____. (Ps. 119:130)
- 15 In what way should you long to know the Lord through His Word? I should long to know the Lord through His Word like a _____ who opens its _____ and _____. (Ps. 119:131)
- 16 What should be your first actions/thoughts when you get up in the morning? When I get up in the morning, I should _____ out to the Lord for _____, put my _____ in His Word, and spend time _____ about His _____. (Ps. 119:147-148)
- 17 Are there any mistakes in the Bible? (Yes/No) _____. _____ of God's Word is true and right. (Ps. 119:160)



Not one word is false or wrong!

- 18 Is God's Word still true and right for today? (Yes/No) _____. God's Word lasts _____. (Ps. 119:160)
- 19 What should God's promises fill you with? God's promises in the Bible should fill me with _____. (Ps. 119:162)
- 20 What is it like to know the promises of God? Knowing the promises of God is like finding a _____. (Ps. 119:162)
- 21 How many times a day did the writer of this psalm praise the Lord for His Word? _____ times a day the writer of this psalm praised the Lord for His Word. (Ps. 119:164)
- 22 What does loving God's Word do for you? Loving God's Word:
- causes me to _____,
 - stops me from _____ **ing** or _____ **ing**,
 - gives me _____, and
 - keeps me _____. (Ps. 119:165, 174-175)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God's Word?
