

Lesson 18

Psalm 69:1–3, 30, 32–34 (written by David)

¹God, save me.

My troubles are like a flood.

I'm up to my neck in them.

²I'm sinking in deep mud.

I have no firm place to stand.

I am out in deep water.

The waves roll over me.

³I'm worn out from calling for help.

My throat is very dry.

My eyes grow tired

looking for my God.

...

³⁰I will praise God's Name by singing to Him.

I will bring Him glory by giving Him thanks.

...

³²Poor people will see it and be glad.

The hearts of those who worship God will be strengthened.

³³The Lord hears those who are in need.

He doesn't forget His people in prison.

³⁴Let heaven and earth praise Him.

Let the oceans and everything that moves in them praise Him.

Questions

- 1 How did David, the writer of this psalm, describe his troubles? David said that his troubles were like a _____. He felt like he:
- a) was up to his _____ in his troubles,
 - b) was _____ in deep _____,
 - c) had no _____ place to stand, and
 - d) was out in _____ water with _____ rolling over him. (Ps. 69:1–2)



Have you ever felt that way?

- 2 What was David worn out from? David was worn out from _____ for _____ to the Lord. His throat was _____ dry. (Ps. 69:3)



But this didn't stop David from continuing to call out to the Lord.

- 3 Why did David's eyes grow so tired? David's eyes grew so tired from _____ for His God. (Ps. 69:3)



Again, this didn't stop David from continuing to look to the Lord.

- 4 What did David do when he felt worn out and his eyes were growing tired? David _____ **ed** God's Name by _____ to God. David brought the Lord _____ by giving Him _____. (Ps. 69:30)
- 5 When your life is filled with trouble, why is it important for other people to see and hear you praising and giving thanks to the Lord? It is important because _____ people will see it and be _____. People will also know that the Lord _____ those who are in _____ and doesn't _____ His people in prison. (Ps. 69:32–33)
- 6 When your life is filled with trouble, why is it important for you to praise and give thanks to the Lord? It is important because my heart will be _____. (Ps. 69:32)
- 7 What praises the Lord? _____ and _____ praise the Lord. The _____ and _____ that moves in them praise Him. (Ps. 69:34)

Psalm 70:4 (written by David)

⁴But let all those who seek You
be joyful and glad because of what You have done.
Let those who want You to save them always say,
“The Lord is great!”

Questions

- 8 What happens when you seek the Lord and want Him? I will be _____ and _____ because of _____. He has done. I will _____ say, “The Lord is _____!” (Ps. 70:4)

Psalm 71:5–8, 14–24 (written by David)

⁵You are the King and the Lord. You have always been my hope.

I have trusted in You ever since I was young.

⁶From the time I was born I have depended on You.

You brought me out of my mother's body.

I will praise You forever.

⁷To many people I am an example of how much You care.

You are my strong place of safety.

⁸My mouth is filled with praise for You.

All day long I will talk about Your glory.

...

¹⁴But I will always have hope.

I will praise You more and more.

¹⁵I will tell other people about all the good things You have done.

All day long I will talk about how You have saved Your people.

But there's no way I could say how many times You've done this.

¹⁶Lord and King, I will come and announce Your mighty acts.

I will announce all the good things that You alone do.

¹⁷God, ever since I was young You have taught me.

To this very day I tell about Your wonderful acts.

¹⁸God, don't leave me

even when I'm old and have gray hair.

Let me live to tell my children about Your power.

Let me tell all of them about Your mighty acts.

¹⁹God, Your saving acts reach to the skies.

You have done great things.

God, who is like You?

²⁰You have sent many bitter troubles my way.

But You will give me new life.

Even if I'm almost in the grave,

You will bring me back.

²¹You will honour me more and more.

You will comfort me once again.

²²My God, I will use the harp to praise You

because You are always faithful.

Holy One of Israel,

I will use the lyre to sing praise to You.

²³My lips will shout with joy

when I sing praise to You.

You have saved me.

²⁴All day long my tongue will say
that You have done what is right.

Those who wanted to harm me have been put to shame.

They have not been honoured.

Questions

- 9 What should always be your hope? Why? The _____ should _____ be my _____, because He is the **K**_____. (Ps. 71:5)
- 10 Whom did David trust in ever since he was young? David, ever since he was young, trusted in the _____. (Ps. 71:5)
- 11 Whom did David depend on from the time he was born? David, from the time he was born, depended on the _____. (Ps. 71:6)
- 12 Who brought you out of your mother's womb? The _____ brought me out of my mother's womb. (Ps. 71:6)
- 13 Whom are you to praise forever? I am to praise the _____ forever. (Ps. 71:6)
- 14 What are you to be an example of? I am to be an example of how _____ the Lord _____ **S**_____. (Ps. 71:7)
- 15 What kind of place is the Lord for your safety? The Lord is my _____ place of safety. (Ps. 71:7)
- 16 What should your mouth be filled with? My mouth should be filled with _____ for the Lord. (Ps. 71:8)
- 17 What should you talk about all day long? I should talk about the Lord's _____. (Ps. 71:8)
- 18 What should you always have? I should always have _____. (Ps. 71:14)
- 19 What should you do more and more? I should praise the _____ more and more. (Ps. 71:14)
- 20 What should you tell people, even in times of trouble? I should tell people about _____ the _____ things the Lord has done. (Ps. 71:15)
- 21 What was the reason David wanted to live long? David wanted to live long so that he could _____ his _____ about the Lord's _____ and the Lord's _____ acts. (Ps. 71:18)



In other words, David's desire to live long was for the Lord, not for himself.

- 22 Is anyone or anything like the Lord? (Yes/No) _____. (Ps. 71:19)
- 23 Can the Lord bring you back to life even when you are almost in the grave? (Yes/No) _____. Even if I'm almost in the grave, the Lord can bring me back to _____. (Ps. 71:20)



In other words, never lose hope!

Psalm 72:18–19 (written by Solomon)

¹⁸Give praise to the Lord God, the God of Israel.
 Only He can do wonderful things.
¹⁹Give praise to His glorious Name forever.
 May His glory fill the whole earth.
 Amen and Amen.

Questions

- 24 Who is the only one who can do wonderful things? The _____ God is the _____ one who can do wonderful things! (Ps. 72:18)
- 25 How amazing is God's glory? God's glory can _____ the _____ earth. (Ps. 72:19)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God's Word?
