

# Lesson 16

## Psalm 62:1–3, 5, 7–12 (written by David)

<sup>1</sup>It is surely true that I find my rest in God.

He is the God who saves me.

<sup>2</sup>It is surely true that He is my rock. He is the God who saves me.

He is like a fort to me. I will always be secure.

<sup>3</sup>How long will you enemies attack me?

Will all of you throw me down?

I'm like a leaning wall.

I'm like a fence about to fall.

...

<sup>5</sup>Yes, I must find my rest in God.

He is the God who gives me hope.

...

<sup>7</sup>I depend on God to save me and to honour me.

He is my mighty rock and my place of safety.

<sup>8</sup>Trust in Him at all times, you people.

Tell Him all your troubles.

God is our place of safety.

<sup>9</sup>Surely ordinary people are only a breath.

Important people are not what they seem to be.

If they were weighed on a scale, they wouldn't amount to anything.

Together they are only a breath.

<sup>10</sup>Don't trust in money you have taken from others.

Don't put false hope in things you have stolen.

Even if your riches grow,

don't put your trust in them.

<sup>11</sup>God, I have heard You say two things.

One is that power belongs to You, God.

<sup>12</sup>The other is that Your love, Lord, never ends.

You will reward everyone

in keeping with what they have done.

## Questions

- 1 How true is it that you find your rest in God? It is \_\_\_\_\_ true that I find my \_\_\_\_\_ in God.  
(Ps. 62:1)
- 2 How true is it that the Lord is your rock? It is \_\_\_\_\_ true that the Lord is my \_\_\_\_\_.  
(Ps. 62:2)
- 3 How true is it that the Lord saves you? It is \_\_\_\_\_ true that the Lord \_\_\_\_\_ me.  
(Ps. 62:2)
- 4 How true is it that the Lord is like a fort to you? It is \_\_\_\_\_ true that the Lord is like a \_\_\_\_\_ to me. (Ps. 62:2)
- 5 How true is it that you will always be secure? It is \_\_\_\_\_ true that I will \_\_\_\_\_ be \_\_\_\_\_. (Ps. 62:2)
- 6 What if you feel like a leaning wall or a fence that is about to fall? Is there still hope? If I feel like a leaning wall or a fence that is about to fall, I **m**\_\_\_\_\_ find my \_\_\_\_\_ in God, because He is the God who gives me \_\_\_\_\_. (Ps. 62:3, 5)
- 7 What do times of trouble cause you to do? Times of trouble cause me to \_\_\_\_\_ on God to save me and honour me. (Ps. 62:7)
- 8 When should you trust in the Lord? I should trust in the Lord at \_\_\_\_\_ times. (Ps. 62:8)
- 9 What troubles should you tell the Lord about? I should tell the Lord about \_\_\_\_\_ my troubles.  
(Ps. 62:8)
- 10 What are both ordinary and important people like? Ordinary and important people are together \_\_\_\_\_ a \_\_\_\_\_. (Ps. 62:9)
- 11 Should you ever idolize an important person? (Yes/No) \_\_\_\_\_. Important people are \_\_\_\_\_ what they \_\_\_\_\_ to be. If they were \_\_\_\_\_ on a scale, they wouldn't amount to \_\_\_\_\_. (Ps. 62:9)
- 12 What if your riches grow? Should you put your trust in them? (Yes/No) \_\_\_\_\_. If my \_\_\_\_\_ grow, I shouldn't put my \_\_\_\_\_ in them. (Ps. 62:10)
- 13 What are two things the Lord has said about Himself? The Lord has said that \_\_\_\_\_ belongs to Him and that His love \_\_\_\_\_ ends. (Ps. 62:11-12)

## Psalm 63:1–8 (written by David)

<sup>1</sup>God, You are my God.

I seek You with all my heart.  
With all my strength I thirst for You  
in this dry desert  
where there isn't any water.

<sup>2</sup>I have seen You in the sacred tent.

There I have seen Your power and Your glory.

<sup>3</sup>Your love is better than life.

So I will bring glory to You with my lips.

<sup>4</sup>I will praise You as long as I live.

I will call on Your Name when I lift up my hands in prayer.

<sup>5</sup>I will be as satisfied as if I had eaten the best food there is.

I will sing praise to You with my mouth.

<sup>6</sup>As I lie on my bed I remember You.

I think of You all night long.

<sup>7</sup>Because You have helped me,

I sing in the shadow of Your wings.

<sup>8</sup>I hold on to You tightly.

Your powerful right hand takes good care of me.

### Questions

- 14 How should you seek the Lord? I should seek the Lord with \_\_\_\_ my \_\_\_\_\_. I should **†** \_\_\_\_\_ for Him with \_\_\_\_ my \_\_\_\_\_. (Ps. 63:1)
- 15 What is better than life on earth? The Lord's \_\_\_\_\_ is better than life on earth. (Ps. 63:3)
- 16 How can you bring glory to the Lord? I can bring glory to the Lord with my \_\_\_\_\_. (Ps. 63:3)
- 17 As long as you live, what should you do? As long as I live, I should \_\_\_\_\_ the Lord and \_\_\_\_\_ on His Name in **p** \_\_\_\_\_. (Ps. 63:4)
- 18 What did David do when he prayed? David \_\_\_\_\_ up His \_\_\_\_\_ in prayer. (Ps. 63:4)
- 19 How satisfied will you be when you call on the Name of the Lord and pray? When I call on the Name of the Lord and pray, I will be as satisfied as if I had \_\_\_\_\_ the \_\_\_\_\_ there is. (Ps. 63:5)
- 20 As you lie in bed, what should you remember? As I lie in bed, I should remember the \_\_\_\_\_. (Ps. 63:6)

- 21 What should you think about all night long? I should think about the \_\_\_\_\_ all night long. (Ps. 63:6)
- 22 When the Lord helps you, what will you do? When the Lord helps me, I will sing in the \_\_\_\_\_ of His \_\_\_\_\_. (Ps. 63:7)
- 23 How should you hold onto the Lord? I should hold onto the Lord \_\_\_\_\_. (Ps. 63:8)

**Psalm 64:9–10 (written by David)**

<sup>9</sup>All people will respect God.  
 They will tell about His works.  
 They will think about what He has done.  
<sup>10</sup>Godly people will be full of joy because of what the Lord has done.  
 They will go to Him for safety.  
 All those whose hearts are honest will be proud of what He has done.

**Questions**

- 24 What people are full of joy, not sadness? \_\_\_\_\_ people are \_\_\_\_\_ of \_\_\_\_\_, because of what the Lord has \_\_\_\_\_. (Ps. 64:10)
- 25 If your heart is honest, what should you be proud of? If my heart is honest, I should be proud of \_\_\_\_\_ the \_\_\_\_\_ has done. (Ps. 64:10)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God’s Word?

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