

Lesson 11

Psalm 40:1–11 (written by David)

¹I was patient while I waited for the Lord.
He turned to me and heard my cry for help.

²I was sliding down into the pit of death, and He pulled me out.
He brought me up out of the mud and dirt.
He set my feet on a rock.
He gave me a firm place to stand on.

³He gave me a new song to sing.
It is a hymn of praise to our God.
Many people will see and have respect for the Lord.
They will put their trust in Him.

⁴Blessed is the person
who trusts in the Lord.
They don't trust in proud people.
Those proud people worship statues of gods.

⁵Lord my God,
no one can compare with You.
You have done many wonderful things.
You have planned to do these things for us.
There are too many of them
for me to talk about.

⁶You didn't want sacrifices and offerings.
You didn't require burnt offerings and sin offerings.
You opened my ears so that I could hear You and obey You.

⁷Then I said, "Here I am."
It is written about me in the book.

⁸My God, I have come to do what You want.
Your Law is in my heart."

⁹I have told the whole community of those who worship You.
I have told them what You have done to save me.
Lord, You know
that I haven't kept quiet.

¹⁰I haven't kept to myself that what You did for me was right.

I have spoken about how faithful You were when You saved me.
I haven't hidden Your love and Your faithfulness
from the whole community.

¹¹Lord, don't hold back Your mercy from me.

May Your love and faithfulness always keep me safe.

Questions

- 1 How are you to wait for the Lord? I am to be _____ as I wait for the Lord. (Ps. 40:1)
- 2 What will the Lord do if you are patient and wait for Him? If I am patient and wait for the Lord, He will:
 - a) hear my _____ for _____,
 - b) **p**_____ me out of the **p**_____ of death,
 - c) bring me out of the _____ and _____, and
 - d) set my feet on a _____ to give me a _____ place to stand on. (Ps. 40:1-2)
- 3 What else will the Lord do if you are patient and wait for Him? The Lord will also give me a _____ song to _____, a hymn of _____ to my God. (Ps. 40:3)
- 4 What does it do for others when the Lord answers your prayers? When the Lord answers my prayers, many people will _____ and have _____ for the Lord. They will put their _____ in Him. (Ps. 40:3)
- 5 How does trusting in the Lord make a difference? When I trust in the Lord, I will be _____. (Ps. 40:4)
- 6 Are you to put your trust in proud people? (Yes/No) _____. I am **n**_____ to put my trust in _____ people. (Ps. 40:4)
- 7 Can anyone compare with the Lord your God? (Yes/No) _____. No _____ can _____ with the Lord my God. (Ps. 40:5)
- 8 How many wonderful things has the Lord planned for you? The Lord has planned for me _____ wonderful things, _____ many for me to _____ about. (Ps. 40:5)
- 9 What should be your prayer to the Lord? I should pray to the Lord to _____ my ears so that I can _____ Him and _____ Him. (Ps. 4:6)
- 10 What should be the desires of your heart? My heart's desires should be to _____ what the Lord wants and to have His Word _____ my _____. (Ps. 40:8)

- 11) Should you keep quiet if the Lord does something wonderful for you? (Yes/No) _____. I should tell the _____ community who worships Him what the Lord has done to save me. (Ps. 40:9)
- 12) What should you speak about to the whole community? I should speak about the Lord's _____ and _____. (Ps. 40:10)
- 13) What will the Lord not hold back from you? The Lord won't hold back His _____ from me. (Ps. 40:11)
- 14) What will always keep you safe? The Lord's _____ and _____ will always keep me safe. (Ps. 40:11)

Psalm 42:1–5 (written by the Sons of Korah)

¹A deer longs for streams of water.

God, I long for You in the same way.

²I am thirsty for God. I am thirsty for the living God.

When can I go and meet with Him?

³My tears have been my food

day and night.

All day long people say to me,

“Where is your God?”

⁴When I remember what has happened,

I tell God all my troubles.

I remember how I used to walk to the house of God.

The Mighty One guarded my steps.

We shouted with joy and praised God

as we went along with the joyful crowd.

⁵My spirit, why are you so sad?

Why are you so upset deep down inside me?

Put your hope in God.

Once again I will have reason to praise Him.

He is my Saviour and my God.

Questions

- 15) How should you long for the Lord? I should long for the Lord the same way that a _____ longs for _____ of _____. (Ps. 42:1)
- 16) What should you be thirsty for? I should be thirsty for the _____ God. I should say, “I can't wait until I can go and _____ with Him.” (Ps. 42:2)

- 17 Whom are you to tell your troubles to? I am to tell my troubles to _____. (Ps. 42:4)
- 18 What are you to do when your spirit is sad and when you are upset deep down inside you? When my spirit is sad and when I am upset deep down inside me, I am to put my _____ in God. (Ps. 42:5)
- 19 Do you always have a reason to praise God? (Yes/No) _____, because the Lord is my _____ and my _____. (Ps. 42:5)

Psalm 46:1–11 (written by the Sons of Korah)

- ¹God is our place of safety. He gives us strength.
He is always there to help us in times of trouble.
- ²The earth may fall apart.
The mountains may fall into the middle of the sea.
But we will not be afraid.
- ³The waters of the sea may roar and foam.
The mountains may shake when the waters rise.
But we will not be afraid.
- ⁴God's blessings are like a river. They fill the city of God with joy.
That city is the holy place where the Most High God lives.
- ⁵Because God is there, the city will not fall.
God will help it at the beginning of the day.
- ⁶Nations are in disorder. Kingdoms fall.
God speaks, and the people of the earth melt in fear.
- ⁷The Lord who rules over all is with us.
The God of Jacob is like a fort to us.
- ⁸Come and see what the Lord has done.
See the places He has destroyed on the earth.
- ⁹He makes wars stop from one end of the earth to the other.
He breaks every bow. He snaps every spear.
He burns every shield with fire.
- ¹⁰He says, "Be still, and know that I am God.
I will be honoured among the nations.
I will be honoured in the earth."
- ¹¹The Lord who rules over all is with us.
The God of Jacob is like a fort to us.

Questions

- 20 What is God to you? God is my _____ of _____. (Ps. 46:1)
- 21 What does God give you? God gives me _____. (Ps. 46:1)
- 22 Is God always there to help you in times of trouble? (Yes/No) _____. God is _____ there to help me in times of _____. (Ps. 46:1)
- 23 If the earth falls apart and the mountains fall into the middle of the sea, are you to be afraid? (Yes/No) _____. I am _____ to be afraid, even if the earth **S** _____ or the _____ fall into the middle of the _____. (Ps. 46:2)
- 24 What if the waters of the sea roar and foam? What if the mountains shake when the waters rise? Are you to be afraid then? (Yes/No) _____. I am _____ to be afraid, even if the waters of the sea _____ and _____, and even if the mountains _____ when the waters _____. (Ps. 46:3)
- 25 What are God's blessings like? God's blessings are like a _____. They _____ the _____ of God with _____. (Ps. 46:4)
- 26 Where is the city of God? The city of God is the _____ place where the Most _____ God lives. (Ps. 46:4)
- 27 What is something that will not fall? The _____ of God will not fall. (Ps. 46:5)
- 28 What is something that does fall? Earthly _____ fall. (Ps. 46:6)
- 29 What will be the response of the people of the earth (the ungodly) when God speaks? The people of the earth will _____ in _____. (Ps. 46:6)
- 30 Whom does the Lord rule over? The Lord rules over _____. (Ps. 46:7)
- 31 Whom is the Lord with? The Lord is with **m** _____. (Ps. 46:7)
- 32 What is the Lord like to you? The Lord is like a _____ to me. (Ps. 46:7)
- 33 Who destroys places on the earth? The Lord _____ places on the earth. (Ps. 46:8)
- 34 Do armies stop wars? (Yes/No) _____. The Lord makes wars _____ from one _____ of the earth to the _____. It is the Lord who _____ every _____, _____ every _____, and _____ every _____ with fire. (Ps. 46:9)
- 35 What does the Lord ask you to do when trouble comes? When trouble comes, the Lord asks me to be _____ and _____. He is God. (Ps. 46:10)

36 Who will be honoured among the nations and in the earth? _____ will be honoured among the nations and in the earth. (Ps. 46:10)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God's Word?
