

# Lesson 1

## Psalm 1:1–6 (writer unknown)

<sup>1</sup>Blessed is the person who obeys the Law of the Lord.

They don't follow the advice of evil people.

They don't make a habit of doing what sinners do.

They don't join those who make fun of the Lord and His Law.

<sup>2</sup>Instead, the Law of the Lord gives them joy.

They think about His Law day and night.

<sup>3</sup>That kind of person is like a tree that is planted near a stream of water.

It always bears its fruit at the right time.

Its leaves don't dry up.

Everything godly people do turns out well.

<sup>4</sup>Sinful people are not like that at all.

They are like straw

that the wind blows away.

<sup>5</sup>When the Lord judges them, their life will come to an end.

Sinners won't have any place among those who are godly.

<sup>6</sup>The Lord watches over the lives of godly people.

But the lives of sinful people will lead to their death.

## Questions

Luke 11:28b

*"Blessed are those who hear God's Word and obey it."*

- 1 Why is it good to obey the Law of the Lord, which is God's Word? Those who obey God's Word are \_\_\_\_\_. (Ps. 1:1)
- 2 What is something you shouldn't do? I shouldn't \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_ people. (Ps. 1:1)
- 3 What shouldn't you make a habit of doing? In other words, what should you not do regularly? I shouldn't make a habit of doing what \_\_\_\_\_ do. (Ps. 1:1)
- 4 What shouldn't you do if you hear people making fun of the Lord and His Word? If I hear people making fun of the Lord and His Word, I shouldn't \_\_\_\_\_ them. (Ps. 1:1)

- 5 What is something God's Word gives you? God's Word gives me \_\_\_\_\_. (Ps. 1:2)
- 6 How often are you to think about God's Word? I am to think about God's Word \_\_\_\_\_ and \_\_\_\_\_. (Ps. 1:2)
- 7 What kind of person will you be if you study God's Word regularly? If I study God's Word regularly, I will be like a \_\_\_\_\_ that is planted \_\_\_\_\_ a \_\_\_\_\_ of \_\_\_\_\_, and I will \_\_\_\_\_ bear \_\_\_\_\_ at the \_\_\_\_\_ time. (Ps. 1:3)
- 8 What are sinful people like? Sinful people are like \_\_\_\_\_ that the \_\_\_\_\_ \_\_\_\_\_ away. (Ps. 1:4)
- 9 What will happen to sinful people? When the Lord \_\_\_\_\_ them, their \_\_\_\_\_ will come to an \_\_\_\_\_. (Ps. 1:5)
- 10 Will sinners have a place among those who are godly? (Yes/No) \_\_\_\_\_. (Ps. 1:5)
- 11 What does the Lord watch over? The Lord watches over the lives of \_\_\_\_\_ people. (Ps. 1:6)

### Psalm 4:8 (written by David)

<sup>8</sup>In peace I will lie down and sleep.  
Lord, You alone keep me safe.

#### Questions

- 12 Why can you lie down and sleep in peace at night? I can lie down and sleep in peace every night because the Lord keeps me \_\_\_\_\_. (Ps. 4:8)

### Psalm 5:3 (written by David)

<sup>3</sup>Lord, in the morning You hear my voice.  
In the morning I pray to You.  
I wait for You in hope.

#### Questions

- 13 Does the Lord hear your voice whenever you pray to Him, even in the morning? (Yes/No) \_\_\_\_\_.  
The Lord hears **m** voice whenever \_\_\_\_\_ pray to Him. (Ps. 5:3)
- 14 What are you to do after you pray to the Lord? After I pray to the Lord, I am to \_\_\_\_\_ for Him in \_\_\_\_\_. (Ps. 5:3)

## Psalm 8:1, 3–5, 9 (written by David)

<sup>1</sup>Lord, our Lord,  
how majestic is Your Name in the whole earth!

You have set Your glory  
in the heavens.

...

<sup>3</sup>I think about the heavens.  
I think about what Your fingers have created.

I think about the moon and stars  
that You have set in place.

<sup>4</sup>What are human beings that You think about them?  
What is a son of man that You take care of him?

<sup>5</sup>You have made them a little lower than the angels.  
You placed on them a crown of glory and honour.

...

<sup>9</sup>Lord, our Lord,  
how majestic is Your Name in the whole earth!

### Questions

- 15 What is the Lord's Name like? The Lord's Name is \_\_\_\_\_ in the \_\_\_\_\_ earth.  
(Ps. 8:1)
- 16 What are you to think about when you look to the heavens? When I look to the heavens, I am to think about the **L**\_\_\_\_\_, because it was His \_\_\_\_\_ that created them. (Ps. 8:3)
- 17 What are you to think about when you see the moon and the stars? When I see the moon and the stars, I am to think about the **L**\_\_\_\_\_, because He is the One who \_\_\_\_\_ them in place. (Ps. 8:3)
- 18 Who thinks about you? The **L**\_\_\_\_\_ thinks about me. (Ps. 8:4)
- 19 Who takes care of you? The **L**\_\_\_\_\_ takes care of me. (Ps. 8:4)
- 20 What are you like in comparison to angels? I am a \_\_\_\_\_ lower than the angels. (Ps. 8:5)
- 21 What has the Lord done for you? The Lord has placed on me a \_\_\_\_\_ of \_\_\_\_\_ and \_\_\_\_\_.  
(Ps. 8:5)

## Psalm 9:1–2, 7–10 (written by David)

<sup>1</sup>Lord, I will give thanks to You with all my heart.

I will tell about all the wonderful things You have done.

<sup>2</sup>I will be glad and full of joy because of You.

Most High God, I will sing the praises of Your Name.

...

<sup>7</sup>The Lord rules forever.

He has set up His throne so that He can judge people.

<sup>8</sup>He rules the world in keeping with what is right.

He judges all its people fairly.

<sup>9</sup>The Lord is a place of safety for those who have been treated badly.

He keeps them safe in times of trouble.

<sup>10</sup>Lord, those who know You will trust in You.

You have never deserted those who look to You.

## Questions

- 22 What are you to do with all your heart? I am to give \_\_\_\_\_ to the Lord with \_\_\_\_\_ my heart.  
(Ps. 9:1)
- 23 What are you to tell others about? I am to tell others about \_\_\_\_\_ the \_\_\_\_\_ things the  
Lord has done. (Ps. 9:1)
- 24 What does knowing the Lord do for you? Knowing the Lord makes me \_\_\_\_\_ and \_\_\_\_\_ of  
\_\_\_\_\_. (Ps. 9:2)
- 25 How long will the Lord rule? The Lord rules \_\_\_\_\_. (Ps. 9:7)
- 26 In what way does the Lord rule? The Lord rules in keeping with what is \_\_\_\_\_. (Ps. 9:8)
- 27 In what way does the Lord judge all the world's people? The Lord judges \_\_\_\_\_ the world's people  
\_\_\_\_\_. (Ps. 9:8)
- 28 What is the result of you knowing the Lord? If I know the Lord, I will \_\_\_\_\_ in Him. (Ps. 9:10)
- 29 Will the Lord ever desert you if you look to Him? The Lord will \_\_\_\_\_ desert me if I \_\_\_\_\_  
to Him. (Ps. 9:10)

## Psalm 10:17–18 (writer unknown)

<sup>17</sup>Lord, You hear the desires of those who are hurting.

You cheer them up and give them hope.

You listen to their cries.

<sup>18</sup>You stand up for those whose fathers have died  
and for those who have been treated badly.

You do it so that mere human beings made of dust  
may not terrify others anymore.

**Questions**

30 What are some things the Lord does for you if you are hurting? The Lord:

- a) \_\_\_\_\_ my desires,
- b) \_\_\_\_\_ me up,
- c) gives me \_\_\_\_\_, and
- d) \_\_\_\_\_ to my \_\_\_\_\_. (Ps. 10:17)

31 Whom does the Lord stand up for? The Lord stands up for those whose \_\_\_\_\_ have  
\_\_\_\_\_ and for those who have been \_\_\_\_\_ \_\_\_\_\_. (Ps. 10:18)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did  
you learn this week from reading God’s Word?

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Special note: Many of the psalms have unknown writers, but at least half were written by David, the  
second king of Israel. David started out as a shepherd taking care of his father’s sheep in the fields. While  
David was still young, God chose him out of everyone in Israel to be the next king. This happened after  
the first king, Saul, had turned away from God. Before Saul died, he spent many years hunting David and  
trying to kill him. David wrote some of his earliest psalms during this time.

David continued to face many difficult struggles throughout the rest of his life, even as king. However,  
he knew the importance of praising God in any situation, and even though David ended up making some  
serious mistakes, his heart always turned back to God.

You can read more about David in the books of *1 Samuel*, *2 Samuel*, and *1 Chronicles* in the Bible.